



National Athletic  
Trainers' Association

DISTRICT EIGHT

# FWATA News

Far West Athletic Trainers' Association  
District 8: California, Nevada, Hawaii, Guam

[www.fwata.org](http://www.fwata.org)

*Spring 2008*

## A MESSAGE FROM THE DISTRICT 8 DIRECTOR

### Update Your Information

If you are a District 8 member and not receiving this newsletter electronically.....***we need your help.*** We have taken great strides in the development of our District's Electronic Newsletter. It saves money and time and provides valuable information. Please go to the NATA website "Members Only" section ([www.nata.org/members/members.cfm](http://www.nata.org/members/members.cfm)) and update your email address. *Please be assured your information will not be released. It will be used for District 8/NATA membership communication only.*

*Thank you, FWATA Managing Board*

Dear District 8 members;

Well, I guess this is the last "from the Director...", at least from yours truly. I will be attending my last FWATA and NATA meeting in 2008, at least while wearing my District Director "hat". I am leaving this position at a time when the NATA is making a tremendous effort to reach out to Young Professionals and students. That is understandable; when my age group moves on to other activities, or simply retires, other members of our association must "carry the ball". With that said, allow me to leave you with one last "list" (you know me-I had to write one more!)



*Andy Paulin, ATC*

*To my mentors-those of you who are older than me:* Thank you for your leadership example. I took so much of you with me in the board rooms, in the meetings, in day to day contacts. I am fortunate to have been involved in leadership at this time, with you offering guidance. Although we are besieged with technology, you constantly reminded me it is still about people. If I can't talk face to face, then definitely use the telephone or at least a card or letter. This is a people profession and the athletes, the association and its members deserve the very best our leaders can provide. It starts with communication and you taught me that lesson that is a part of my lifestyle.

*To my colleagues still active in the profession and the association:* Thank you for making me a better servant of the profession. I appreciate you coming to me with your thoughts, ideas, questions and concerns. It shows you care about our profession and our association. You always reminded me of what is important, especially in the day to day environment of the athletic trainer. Please don't stop contacting your elected officials. To paraphrase" we can't fix it if we don't know what is broken."

*To the Young Professionals:* I "pass the ball" to you. I know you "will run with it". Many of you I have watched since you were students. I am confident that those of you, who have stepped up to accept the responsibility of the current challenges, will make me proud. You are terrific examples of blending what the "old guard" wanted to share with you, and mixing it with equal parts of current trends in education. What an exciting era of athletic training you are entering!

*continued...*

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NEVATA Report

HATA Report

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Committee

Career Assistance Committee

## FWATA Leadership

### District Director

Andy Paulin, ATC  
Walnut, CA  
909.594.5611 x4878  
res06f9d@verizon.net

### District Secretary

Scott Sailor, EdD, ATC  
Fresno, CA  
559.278.2543  
scott\_sailor@csufresno.edu

### Treasurer

Ky Kugler, EdD, ATC  
Orange, CA  
714.997.6642  
kekugler@chapman.edu

### **FWATA** **State Representatives**

#### California

Jim Pluemer, ATC PT  
Irvine, CA  
949.824.7633  
jpluemer@uci.edu

#### Hawaii

Glenn Beachy, MS, ATC  
Kaneohe, HI  
808.944.5769  
gbeachy@Punahou.edu

#### Nevada

Jason Roe, ATC, CMT  
Las Vegas, NV  
702.496.0545  
roedeo@aol.com

*To the athletic training students:* I can't imagine a more exciting time to be an athletic training student! The extensive education you are receiving, the opportunities that lie in front of you, the unlimited employment settings that are waiting for you. But a successful future will be doubt only if you do not participate in its' development. Please don't shy away from the challenges. Remember that members before you had the courage to develop Cryotherapy, elastic tape, certification, non-traditional job settings and ATEPs; what will YOU contribute?

Allow me to close with the following sports quote:

**Champions aren't made in the gyms. Champions are made from something they have deep inside them — a desire, a dream, and a vision.**  
*Muhammad Ali, American Boxer*

The same can be said for leadership. Thank you for allowing me to serve you for the past six years.

Sincerely,

*Andy Paulin, ATC*

*Make plans to come to San Francisco:*

## FWATA ANNUAL MEETING AND CLINICAL SYMPOSIUM

April 3-6, 2008

*at the*

**THE HYATT REGENCY SAN FRANCISCO AIRPORT**



## General Session is 16.5 CEUs

### Registration Fees

PRE-REGISTRATION FEE rates available till 03/24/2008. REGISTRATION PAYMENTS RECEIVED BY MAIL MUST BE POSTMARKED BY 3/24/2008 AND CREDIT CARD PAYMENTS MUST BE PROCESSED BY 3/24/2008 TO QUALIFY FOR THE PRE-REGISTRATION RATE

NATA Certified Members \$125.00  
NATA Certified Student Members \$75.00  
NATA Student Members \$75.00  
Student Non-Members \$95.00  
Non-Members \$320.00 (Join the NATA at [www.nata.org](http://www.nata.org))

### ONSITE REGISTRATION FEE APRIL 4-6, 2008

NATA Certified Members \$175.00  
NATA Certified Student Members \$105.00  
NATA Student Members \$105.00  
Student Non-Members \$125.00  
Non-Members \$370.00 (Join the NATA at [www.nata.org](http://www.nata.org))

Register by logging onto the FWATA website ([www.fwata.org](http://www.fwata.org)) and select the Annual Meeting. You will then be able to connect to the registration website or go to [www.signup4.net/Public/ap.aspx?EID=FWAT17E](http://www.signup4.net/Public/ap.aspx?EID=FWAT17E) Accepted credit cards are Visa and Mastercard.

### Paying by Check

If you need to pay by check please complete the online registration form and mail the check payable to FWATA to:  
FWATA  
925 Calle Tio, Nipomo CA 93444

Any registration questions please contact:

Kristal Slover, ATC  
EM) kemig@calpoly.edu P) 805.756.6065 F) 805.756.7058

## The Hyatt Regency San Francisco Airport

1333 Bayshore Highway,  
Burlingame, California, 94010  
Tel: 650/347-1234 or 800/233-1234  
Fax: 650/696-2669  
[Hotel Web Site](#)



Mention FWATA Convention to get \$135.00/night for a standard room. Reservations should be made by March 28th, 2008. Complimentary Hotel Shuttle from SF Airport available on the upper level, center island. Look for the Hotel Shuttle area & the large bus "Hyatt Regency & Marriott."

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## FWATA Committee Chairs

Clinical/Industrial/Corporate  
Jason McCamey, MS, ATC  
jmccamey@yahoo.com  
559.593.2451

College/University  
Athletic Training Students  
Chris Schmidt, PhD, ATC  
cschmidt@apu.edu  
626.815.6000 x5194

NATA Public Relations  
Kelly Berardini, MHA, ATC  
kberardini2@yahoo.com  
714.744.7963

Scholarships  
Jason Bennett, DA, ATC  
jbennett@chapman.edu  
949.713.5333

College/University Athletic Trainers  
Fran Babich, MS, ATC  
babichfr@butte.edu  
530.895.2499

Research and Grants  
Leamor Kahanov, EdD, ATC  
leamor@kin.sjsu.edu  
408.924.3040

Secondary Schools  
Cindy Clivio, MEd, ATC  
cyclivio@ksbe.edu  
808.842.8503

Career Assistance Committee  
Brad McReynolds, MEd, ATC  
bmcreynolds@saddleback.edu  
949.582.4638

Educational Multimedia  
Jason Bennett, DA, ATC  
jbennett@chapman.edu  
714.997.6567

## General Clinical Symposium

(Tentative Schedule-Check printed schedule during Conference Weekend)

### **Friday, April 4, 2008**

9:00am-10:00am

#### ***How to Scope an Elbow***

*Kenneth Akizuki, MD*, Sportsmed Orthopaedic Group, Inc. & St. Mary's Medical Center; Team Physician, San Francisco Giants Baseball Organization.

10:00am-12:00pm

#### **Exhibits Open to Certified Athletic Trainers Only (Coffee provided)**

10:10am-11:00am

#### ***Debunking the Grief Models: Contemporary Understanding of the Psych-emotional Response to Sport Injury***

*Dawn K. Lewis, Ph.D.*, Assistant Professor, Department of Kinesiology, California State University, Fresno.

11:00am-11:50am

#### ***The Cramer and NATA Connection - the Evolution of Athletic Training into Sports Medicine***

*Ed Christman*, Vice President of Marketing, Cramer Sports Medicine.

12:00pm-1:00pm

#### **Lunch Break and Exhibitor Break (Exhibits open to all)**

1:00pm-2:00pm

#### ***Drug-Dispensation and Drug-Administration in the Traditional Athletic Training Room Setting***

*Leamor Kahanov, EdD, ATC*, Director, Graduate Athletic Training Program San Jose State University Department of Kinesiology.

2:00pm-3:00pm

#### ***Effective Uses of Recovery; Reducing the Inflammation and Pain Cycles***

*Bernd Friedlander, DC, BS.*

3:00pm-3:30pm

#### **Exhibitor Break**

3:30pm-5:00pm

#### ***From Beginning to End: The Nature and Course of Concussion in High School and Collegiate Sports***

*Tony L. Strickland, PhD, MS*, Director and CEO of the Sports Concussion Institute, Marina Del Rey, California.

5:00pm-6:15pm

#### **Exhibitor's Social**

### **Saturday, April 5, 2008**

8:00am

#### **Exhibits Open (coffee available)**

9:00am-9:50am

**Clavicle Fractures to Rod or not to Rod**

*Louay Toma, M.D., Muir Orthopedic Specialists*

10:00am-12:00pm

**Poster Presentations**

*Sponsored by Research and Grants Committee*

*Coordinated by Leamor Kahanov, PhD, ATC*

10:00am-10:50am

**The National Honor Society of Sports Medicine for Secondary Schools:  
Promoting Academic Excellence**

*Eli Hallak ATC, EMT, Head Athletic Trainer, St. Francis High School*

*Ellen K. Payne, MA, ATC, CSCS, Head Athletic Trainer, Woodside Priory School*

11:00am-12:00pm

**Getting and Nailing Your Interview**

*Leamor Kahanov, EdD., ATC, Director, Graduate Athletic Training Program,*

*Department of Kinesiology, San Jose State University.*

12:00pm

**Exhibits Close**

12:00pm-1:00pm

**Lunch Break**

1:00pm-4:00pm

**New Insights for Evaluating External Rotation Injury Mechanisms  
of the Shoulder**

*Robert W. Pettitt, Ph.D., ATC, CSCS, California State University, Fresno.*

**Shoulder Injury Update 2008**

*Michael Oberlander, MD, East Bay Sports Medicine and Orthopaedic Associates.*

*Michael Chisar, MPT, ATC, SCS, CSCS, Head Athletic Trainer, Diablo Valley College, Pleasant Hill, CA.*

4:00pm-4:55pm

**FWATA Business Meeting and Open Forum**

5:00pm-5:55pm

**State Meetings** (Locations TBD)

6:00pm-7:30pm

**FWATA's Hall of Fame and Awards Dinner**

**Sunday, April 6, 2008**

8:30am-9:20am

**Runner's Clinic 101: Identifying and Making Sense of Pathomechanics**

*Monique Mokha PhD, ATC, Lecturer, California State University, Long Beach and Fullerton.*

## FWATA Committee Chairs

Memorial Resolutions  
Bernie Chavies, MS, ATC  
*bernie.chavies@unlv.edu*  
714.668.6196 x324

Governmental Affairs  
Michael Chisar, ATC, MPT  
*mchisar@dvc.edu*  
925.827.3321

History and Archives  
Jerry Lewis, MA ATC, EMT  
*jlewis@avc.edu*  
661.722.6300

Annual Meeting and Clinical  
Symposium  
David Ramirez, MS, ATC  
*daramirez@lmu.edu*  
310.338.7816

Women in Athletic Training  
Sara Williamson, MS, ATC  
*sara82670@hotmail.com*  
619.594.1339

Webmaster Advisory Group  
Todd Babcock, MS, ATC  
*todd.babcock@rcc.edu*  
951.222.8135

Ethnic Diversity Advisory  
Paul Alvarez, PhD, ATC  
*alvarezp@ULV.EDU*  
909.593.3511 x4259

Honors and Awards  
Chris Mumaw, ATC  
*cmumaw@fullerton.edu*  
714.278.2561

Ethics Committee  
Stephen Fuzie, PT, ATC  
*sfuzie@aol.com*  
530.889.2411

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9:30am-10:20am

***NMES Application: It is More Than 10 Seconds On and 50 Seconds Off***

Mack D. Rubley, PhD, ATC, LAT, CSCS, Director, Athletic Training Education Program, Department of Kinesiology, University of Nevada Las Vegas  
William R. Holcomb, PhD, ATC, LAT, CSCSD, FNCSA, Associate Professor, Athletic Training Education Program, Department of Kinesiology, University of Nevada Las Vegas.

10:20am-10:35am

**Coffee Break**

10:35am-11:25am

***Hip Problems in Athletes - The New Frontier in Sports Medicine***

Marc R. Safron, MD, Professor & Associate Director, Sports Medicine, Department of Orthopaedic Surgery, Team Physician, Stanford University.

11:25am-12:15pm

***Bill Chambers' Dog and Pony Show***

## Student Educational Symposium

*(Tentative Schedule-Check printed schedule during Conference Weekend)*

### Friday April 4, 2008

7:30am – 8:00am

***Cold Therapy: Chill out before you workout***

San Diego State University - Justine Coliflores, Janelle Lara, Kari Low  
New Techniques/"Tips from the Field"

8:00am – 8:30am

***Muscle Energy Techniques for Improving Pelvic Alignment***

University of La Verne - Ricky Huerta, Katrina McCoy, Roberto Ruiz  
New Techniques/"Tips from the Field"

8:30am – 9:00am

***Methicillin-Resistant Staphylococcus aureus: MRSA's Past and Our Future***

San Jose State University - Elizabeth Gilmore  
New Techniques/"Tips from the Field"

9:00am – 9:30am

***Exertional Rhabdomyolysis and Sick Cell Trait in the Athlete***

California State University, Fresno - Christina G. Orozco  
New Techniques/"Tips from the Field"

9:30am – 10:00am

***Athletic Training in Professional Sports***

California State University, Sacramento - Melissa Wuest, Jennifer Stanshaw, Matt Chan  
New Techniques/ "Tips from the field"

10:00am – 10:30am

***"A Day in the Life"***

Jeff Tanaka, Assistant Athletic Trainer  
San Francisco 49ers Professional Football

10:30am – 11:00am

***Lupus and Athletic Participation***

University of the Pacific - Emily Pry, Karin Carido, Sara Vargas  
New Techniques/"Tips from the Field"

11am – 12:00pm

***Break for Cramer Presentation, General Session***

12:00pm – 1:00pm

**Lunch Break**

1:00pm – 1:30pm

***Total Shoulder Arthroplasty in Young Active Individual***

San Jose State University - Jamii North  
Case Study

1:30pm – 2:00pm

***Graston Technique***

California State University, Long Beach - Shane Besedick, Jason Dinius, Fernando Soldana  
New Techniques/"Tips from the Field"

2:00pm – 2:30pm

***Laser Therapy***

University of La Verne - Ashley Bruley, Chris Duarte-McDermot, Jennifer Crabbe  
New Techniques/"Tips from the Field"

2:30pm – 3:00pm

***Diagnostic Tools and Preventative Measures used in Assessing Sport-related Concussions***

San Diego State University - Juan Herrera, Alexander Simmons, Marco Zucconi  
New Techniques/"Tips from the Field"

3:00pm – 3:30pm

***Effects of a Functional Lower Extremity Rehabilitation Intervention on patients with medial tibial and patellofemoral stress syndromes.***

Point Loma Nazarene University - Jennifer Wingert, Lacey Troth  
Experimental Research

3:30pm – 4:00pm

***Surgical Options and Rehabilitation Techniques for Lisfranc Injuries***

San Diego State University - Brianne Bennett, Dan Sparks, Lucia Bui  
Case Study

4:00pm – 4:30pm

***A Review of Commotio Cordis in Athletics***

University of the Pacific - Kyle Burnett, Rosie Martins, Lacey Vitale  
New Techniques/"Tips from the Field"

**Saturday, April 5, 2008**

7:30am– 8:30am

***Student Leadership Breakfast***

8:40am – 9:10am

***Dietary Antioxidant Supplementation Improves Time Trial Exercise Performance in Male Cyclists***

Azusa Pacific University - Jessica Chessum, Sara Adelman  
Experimental Research

9:10am – 9:40am

***Rehabilitation With or Without Modalities?***

California State University, Long Beach - Dannetta Felder, Ryan Warlick, Liske Taylor  
Case Study

9:40am – 10:10am

***Supplement Use in Collegiate Athletics***

California State University, Northridge - Liana Groel, Amy McClung, Taylor Woods  
Experimental Research

10:10am – 10:40am

***The role of the athletic trainer in the athlete's five stages of grief***

California State University, Fullerton - Alicia Alamar-Roth, Smadar Bezalel, Shalina Johnson  
New Techniques/"Tips from the Field"

11:00am – 12:00pm

***Break for Career Center Presentation, General Session***

12:00pm – 1:00pm

***Lunch Break***

1:00pm – 1:30pm

***Chronic tendinopathies: A New Alternative Treatment***

California State University, Fullerton - Jill Seevers, Bryan McCabe, Alexandra Bravo  
New Techniques/"Tips from the Field"

1:30pm – 2:00pm

***Wound Treatment in the 21<sup>st</sup> Century***

Loyola Marymount University - Arrand Northrop, Ryan Monreal, Zachary Morgan  
New Techniques/"Tips from the Field"

2:00pm – 2:30pm

***Rhabdomyolysis: The Kidney killer***

Vanguard University - Michael Pagalan, Teena Melendez, Michelle Hardin  
New Techniques/"Tips from the Field"

2:30pm – 3:00pm

***Report from the sponsored "Hit the Hill Day" Student Participants***

Gina Biviano, Adam Cady, Christina Orozco

3:00pm – 3:30pm

***Keynote Presentation: "Getting Involved with YOUR Profession"***

Kim Detwiler, MS, ATC – Chair, NATA Young Professionals Committee

## Special Functions

The District's two primary fundraising activities geared toward student scholarships are the **"Annual Golf Tournament"**, as well as the **"Silent Auction"** held in conjunction with the Annual Honors and Awards Banquet. You can play an important role in helping sustain our outstanding scholarship program.

See the following pages for more information on these events and others.

## Annual FWATA Golf Tournament

You can also visit the course website for a tour at [www.playcrystalsprings.com](http://www.playcrystalsprings.com)



The FWATA Golf Tournament will be played on Thursday, April 3rd, 2008 at Crystal Springs Golf Course. Lunch and registration will begin at 11:30 with a 12:30 shotgun start. The cost is only \$135/golfer and that will include:

- Green Fee
- Shared Cart
- Tickets for Your Choice of Food and Beverage
- Dinner Buffet
- Golfer Gift Package
- Prizes for Winning Foursomes

Golfers can register online or by contacting Ruem Malasarn at [rmalasarn@csupomona.edu](mailto:rmalasarn@csupomona.edu) or 909-869-2834.

Sponsorship Packages are also available. Tee signs are \$100, Tournament Sponsorships are \$500 (single player fee included), and Title Sponsorships are available for \$1000 (this includes a foursome). ALL money raised goes directly to the FWATA Student Scholarship Fund. Our goal is to raise \$5000 in sponsorships.

## Hall of Fame and Awards Dinner

*Saturday, April 5, 2008*

Join us to recognize our Hall of Fame and Award Winners at this dinner. The dinner is covered in your registration fee. You can also purchase additional dinner tickets if needed. This special event is now a dinner. We hope that you plan to attend this special dinner to recognize some special deserving members in our profession.

## Third Annual Scholarship Fundraiser Silent Auction

Once again, this year there will be a silent auction held during the Honors and Awards Dinner. Thank you to Stacey Ritter who has agreed to help with this year's auction. The auction items will be available for viewing during Friday's exhibit hours. Prior to the dinner the items will be displayed & open for bidding. There will be a countdown and the bidding will close just before the awards program begins! The winning bidders can pay either by cash, check or credit card to claim their "Prized Items"! Last year's popular items were the autographed Michael Jordan Basketball, autographed John Wooden Pyramid and book, autographed Footballs, autographed Jerseys, gift certificates, and the coffees, chocolates and macadamia nuts from Hawaii! Contact Hazel at 805/893-8320 or email: [hazel.ando@athletics.ucsb.edu](mailto:hazel.ando@athletics.ucsb.edu) or Stacey J. Ritter at (805) 788-0805 x235 or email: [stacey.ritter@spsportstherapy.com](mailto:stacey.ritter@spsportstherapy.com). See more on the Silent Auction on page 9.

## Dog & Pony Show

Please remember to attend this special show on Sunday which is at the end of the general session. You can win a special raffle prize that has been graciously donated by exhibitors and other friends of Athletic Trainers. If you have never attended this show you will be entertained by the infamous "Bill Chambers".

*continued...*

## EXHIBITORS

Please contact Bill Chambers @ 760-360-5301 or [jocdok@dc.rr.com](mailto:jocdok@dc.rr.com) (Please note that Bill has a new email address.)

## QUESTIONS

Contact Hazel Ando @ 805-893-8320 or [hazel.ando@athletics.ucsb.edu](mailto:hazel.ando@athletics.ucsb.edu)

## See you at the beautiful Hyatt Regency located on the San Francisco Bay!

Don't forget to register by 3/24/08 for the pre-registration rates! [www.fwata.org/symposium/annual\\_meet.html](http://www.fwata.org/symposium/annual_meet.html)

## FWATA Silent Auction

Stacey J. Ritter, MS, ATC



I have been commissioned to help with the Silent Auction at the FWATA meeting this year. In an effort to make this important event as successful as possible, we are asking for your help. We would like to ask FWATA members to procure an item to be auctioned. You will be acknowledged as the donor when the item is displayed at the Hall of Fame Dinner on April 5, 2008. As a note, we made \$6,000 from last year's auction.

Please keep in mind that auction items don't necessarily need to be sport-related, nor do they need to be particularly expensive. Smaller, more affordable items are very attractive to those not in a position to spend a great deal of money, but would still like to participate/contribute. Also, we are trying to encourage non-AT attendees to bid as well— vendors, exhibitors, guests, family members— who may be interested in items not related to sports or medicine.

The following are some examples of auction items you can get from your team physician, pharmaceutical reps, business owners & friends of Athletic Trainers in contributing:

- Gift baskets of wine, food, bath/body, entertainment, etc
- Themed gift baskets, i.e. "movie night" (with popcorn, candy, DVDs, movie passes, etc); "BBQ" (with apron, sauces/seasonings, cookbook, hot mitt, etc); "car care" (with bucket, sponge, chamois, cleaners, etc)
- Gift cards for national retailers, i.e. Starbucks, Jamba Juice, Borders, Barnes & Noble, Gas stations (Shell, Chevron, etc), chain restaurants, etc
- Local artisan gifts such as jewelry, artwork, ceramics, etc
- Sweatshirts, hats, gear from universities in your area

As always, the 'big ticket' and sports related items do well, but we are just trying to find new ways of reaching as many potential participants as possible. If you have any personal contacts that might have items for donation, this is also a good place to start.

Another suggestion that may help: As an activity for National Athletic Training Month, I'm having my staff of 7 high school athletic trainers, and their students, collect donations throughout the month of March. A table at a basketball game, with AT information, posters, and donation box is an easy way to educate the community, as well as collect money toward an auction item. Based on the amount collected at the end of the month, we will purchase a gift to donate to the auction. In our area (Central Coast of CA), it may be a selection of local wines, a wine country gift basket, or if enough is raised, perhaps even a wine-tasting weekend get-away. This is just a suggestion that may inspire some ideas, and a great way to get students involved.

If you have any questions, please don't hesitate to contact myself, or Hazel Ando. Please let one of us know as soon as you have your item- the more we can take care of in advance, the more organized we can be during the event. As we get items we hope to have them listed on the FWATA Website. Thank you in advance for your help; we can achieve so much more as a team than as individuals, and your efforts are greatly appreciated!

## District Treasurer's Report

*Ky Kugler, EdD, ATC*

The 2007-2008 budget is on track to remain balanced. As we proceed to the end of the fiscal year (March 31, 2008) all members will be able to view the 07-08 final budget summary, the proposed 08-09 budget and the 2007 Las Vegas convention summary report in Burlingame during our clinical symposium. I encourage all members to ask any questions and to interact with the Managing Board regarding the FWATA finances.

Regarding our FWATA committee chairs and members - mileage allowances, hotel pricing and per diem requirements have all changed during 2007 & 2008 and in order to comply with federal law, the budget will need to reflect these new financial numbers. In addition, the restructuring of NATA committees will create changes for the chairs of FWATA committees who also serve on these NATA committees. As a result, FWATA committee budgets will be viewed differently as to financial deliberations.

Three proposals will be discussed by the managing board dealing with finances and I encourage you to weigh in w/ any of the MB members on these proposals.

- District member \$ allotment for each state member to increase from \$17 to \$20/member. District member dues structure will stay at \$45/member. So, of the \$45 each district member pays - \$3 goes to NATAREF, \$20 would go to each state, and \$22 would stay in the FWATA operational budget.
- Increase all FWATA scholarships from \$1,000 to \$1,500 per scholarship award.
- Consider endowing the NATA Jack Rockwell Scholarship with the NATAREF and endowing all FWATA scholarships w/ AG Edwards, our investment firm. These financial decisions if made by the MB are considerable and will be brought to the membership for discussion prior to any MB decisions.

Current Audited Finances for FWATA as of February 6, 2008

FWATA General Fund	\$ 70,490.40	(as of 1/10/08)
FWATA Investment Portfolio	\$ 200,777.60	(as of 12/31/07)
<b>Total Assets/Equity</b>	<b>\$ 271,268.00</b>	

I look forward to seeing each of you at our upcoming symposium in Burlingame and please remember that all of the FWATA budgets, reports and decisions made by the Managing Board relating to fiscal matters are open to membership and public scrutiny.

## Women in Athletic Training Committee

*Sara Williamson, MS, ATC*

The Women in Athletic Training Committee has some exciting events coming up at both the Far West and National conventions. First off, at FWATA we will again be co-hosting with the CUATS committee the student leadership breakfast. The date and time are still TBD. This event was not held last year in Las Vegas, but it was such a big hit the previous year in San Diego that we had to change the venue to a bigger room to accommodate all the students and leaders that participated! We look forward to a great turnout this year as well. Of course it is a breakfast and therefore will be early in the morning, but breakfast will be provided and what college student doesn't love FREE FOOD??? Another project our committee is working on is a historical timeline of female athletic training firsts and milestones. We will have poster boards placed near the registration booth at FWATA, and we encourage members to fill in any information they may know regarding the timeline. The finished product, along with the other districts, will be presented during the welcome reception at the NATA convention. We look forward to seeing everyone in a couple of months!

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## District 8 Memorials and NATA News

When it comes to your attention that any District 8 members have passed away, please contact Bernie Chavies at the contact information below. In addition, if you have information that needs to be submitted to the NATA news, please forward to Bernie.

Bernie A. Chavies  
Memorial Resolutions Chair  
4505 Maryland Parkway Box 450007  
Las Vegas, Nevada 89154-0007  
O) 702-895-4036 C) 702-682-1507 F) 702-895-4474

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## Career Assistance Committee

*Brad McReynolds, M.Ed., ATC*

The Career Assistance will be presenting at FWATA. "Getting and Nailing Your Interview" Leamor Kahanov, EdD. ATC Director of Graduate Athletic Training at San Jose State University will be presenting. It will present in the general session so both ATC and students can attend. It should be exciting.

Remember if you are posting on the NATA website please send a copy to me and we can post on FWATA as well. Short term, temporary, summer type jobs Please let me know so we can post them.

# Nevada Athletic Trainer's Association

*Mack D. Rubley, PhD, LAT, ATC, CSCS NEVATA Secretary*

It is with great pleasure we announce the formation of the Felix Rivera Memorial Scholarship to be given annually to a Nevadan attending an Athletic Training Education Program. Felix Rivera was a native Nevadan, who graduated from Basic High School in Henderson, NV and UNLV. He was an Athletic Trainer and teacher in the Clark County School District at Western High School and Desert Pines High School for nine years. The State of Nevada and the profession of athletic training lost him on February 8, 2007. A family celebration of his life will occur on February 16, 2008 and the scholarship will be announced publicly at that time. More information regarding the application process will be posted on the NEVATA website. Those interested should contact the NEVATA scholarship committee or executive board. The goal is to annually award this scholarship at the FWATA meeting.

We are currently working on annual symposium dates and locations and would appreciate feedback from the email survey that was sent to all NEVATA members in early February. Currently, the plan is to have a symposium in Reno, NV in early spring and continue to develop a collaborative symposium in December with the National Finals Rodeo medical staff in Las Vegas. Anyone interested in helping plan state meetings should contact the executive committee.

The position of Treasurer is open for re-election in 2008 any interested persons should notify Frank Sakelarios – president elect. Elections will be held in spring 2008.

We hope to see many NEVATA members in San Francisco and please attend the state meeting on Saturday evening!

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# Hawaii Athletic Trainer's Association

*Glenn Beachy, MS, ATC, Hawaii D8 Representative*

## **Hawaii Athletic Trainer's Association Annual Symposium**

*June 13-14, 2008 - Hilo, Island of Hawaii, University of Hawaii - Hilo*  
Topics – Sport Psychology; Sport Nutrition; Conditioning & Stretching  
Primary Speakers Sat: Janice and Jim Radcliffe – University of Oregon  
Cost: \$75 for HATA and NATA members; \$100 non-members

Hotel arrangements can be made with the Hilo Hawaiian Hotel. There are also B&Bs in the area as good hotel accommodations are limited in Hilo.

### **Hilo Hawaiian Hotel**

71 Banyan Drive, Hilo, Hawaii 96720

P: (808) 935-9361 F: (808) 961-9642 [www.castleresorts.com/home/accommodations/hilo-hawaiian-hotel](http://www.castleresorts.com/home/accommodations/hilo-hawaiian-hotel)

## **Annual Golf Tournament**

Koolau Golf Course - Oahu - Thursday, July 3, 2008

Check web site at [www.hawaii-ata.org](http://www.hawaii-ata.org) for updated information and registration forms for the events.

## **Governmental Affairs:**

Cindy Clivio, GA chair, reports that the Sunrise Analysis resolution will be resubmitted in the 2008 legislative session. Work completed in 2007 will carry over with sponsors lined up in both houses.

## **Minutes on Line:**

Minutes of all HATA Executive Committee meetings are now on line for HATA members. This follows the lead of National and District committees.

## Governmental Affairs Committee

Michael Chisar, ATC, MPT

The members of your governmental affairs committee have been busy at both the national and state level to try to provide you with the best possible conditions with which to practice athletic training. Highlights include:

**Federal Bill** – Work continues to try to get HR1876, The Medicare Access to Physical Medicine and Rehabilitation Services Improvement Act. The NATA has been working very hard on our behalf and members from throughout the country have been instrumental in helping us make strides in this effort.

**Federal Hit the Hill Day** is Monday February 25. Twelve members from our district, including three Athletic Training Students who were awarded a grant to participate (Gina Biviano from Chapman College, Adam Cady from Cal State Fullerton and Christina Orozco from Fresno State), will be visiting our federal legislators to raise awareness and support of athletic training and the Medicare Access to Physical Medicine and Rehabilitation Services Improvement Act. The students will also be presenting at the FWATA meeting about their experiences

**State Activities** – All three states have been active in the planning or introduction of bills.

- California's registration bill was vetoed again. They are considering sponsoring a bill that would improve

safety for high school athletes. Look for a possible hit the hill day later in the spring.

- In Hawaii, they are continuing to work on regulation
- The Nevada State Board of Athletic training is currently developing language for the regulation of the fitness profession. This final version is due in January 2009.

**Political Action Committees (PACs)** As a reminder, a political action committee is a private group, organized to elect or defeat government officials or to promote legislation. This is primarily done by donating funds to candidates and causes. Both California and the NATA have PACs. Please donate as you are able. Any amount can be helpful. If every California ATC donated \$5.00 we could triple the size of that PAC. If every NATA member donated the equivalent of one Starbucks a month, the NATAPAC could raise nearly 2 million dollars. For more information or to make a donation:

CATAPAC Contact Robbie Bowers CATAPAC treasurer at [pactreasurer@cata-usa.org](mailto:pactreasurer@cata-usa.org)

NATAPAC [www.natapac.org](http://www.natapac.org)

Contact me if you have any questions or have input regarding any of these issues.

